

The Sovereignty Psychology

Centre offers caring and confidential support by qualified counsellors and registered psychologists. We help children and adolescents, adults, couples and families with issues affecting their lives and wellbeing.



Fees & Payments

Our consultation fees are kept reasonable to benefit a wide range of people. The fee schedule can be viewed on our website www.sovereigntypsychology.com.au

Payments are due on the day of attendance and can be made by credit card, EFTPOS or cash. Charges may apply for cancelled and missed appointments.

To see a psychologist, you may get a referral from your GP which will entitle you to a Medicare rebate. We also provide services under a range of funding options including the Better Access Mental Health Care Plan, Targeted Psychological Support Service (formerly ATAPS), Private Health Insurance and NDIS.

Funding options exist for autism assessment and treatment.

Appointments

Appointments are available during and after business hours from Monday to Friday. The initial appointment can be booked in advance by calling:

(03) 8742 4468 Business hours

Subsequent sessions will be negotiated with your psychologist.

Sovereignty Psychology
THE SOVEREIGNTY CHRISTIAN
COUNSELLING PRACTICE

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Child & Adolescent Counselling & Assessments



At **Sovereignty Psychology**, we can help your child to grow, heal and reach their full potential



Children's issues include:

- Autism and ADHD
- Anxiety and Depression
- Behavioural Problems
- Bullying - both victims and bullies
- Exam Stress Management
- Grief and Loss
- Internet Use Management
- Learning Difficulties
- Mindfulness for Children
- Physical and Sexual Abuse
- Selective Mutism
- Separation and Divorce
- Sleep Difficulties
- Social Skills Education
- Step Families
- Study Skills and Homework Planning
- Trauma

Assessments

We conduct autism, cognitive, educational and behavioural assessments to provide an understanding of how your child learns and their current cognitive and behavioural strengths and weaknesses.

Some of the instruments that we use are the:

- Autism Diagnostic Observation Schedule
- Wechsler Intelligence Scale for Children
- Wechsler Individual Achievement Test
- Behaviour Assessment for Children
- ADHD Assessments

We provide a detailed report as well as recommendations and strategies to help improve your child's academic performance and overall well-being. Feedback sessions from the psychologist are available on request.



Treatment & Interventions

Evidence-based therapies are used in sessions which can help children to talk about sensitive issues.



Child & Adolescent Psychologist



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